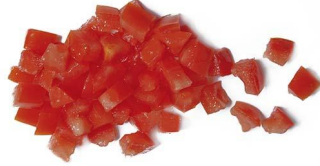


Spec Sheet

Tomato Lettuce & Onion Salad



Ingredients:

- Shredded Lettuce
- Chopped tomato
- Diced Onion

Method:

Lettuce

- Wash the lettuce if necessary
- Shred the lettuce
- Shake the lettuce dry

Tomatoes

- Half the tomato and cut the wet centre out
- Chop the Tomato into small pieces trying to keep it as dry as possible

Onions

- Dice the onions

Ratio:

- 70% Shredded Lettuce
- 20% Chopped Tomatoes
- 10% Diced Onions

The main objective for this salad is to make it as dry as possible so as to avoid putting too much moisture into our wraps and paninis