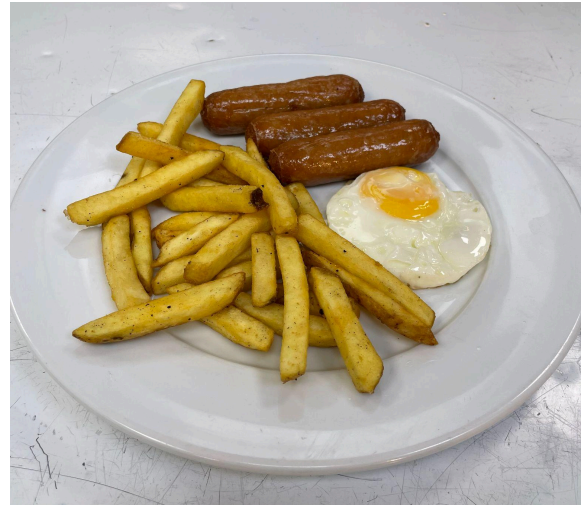


Sausage Chips & Beans/Egg

Sausage and Chips with beans or egg



Ingredients:

- 3 sausages
- A generous scoop of chips
- A portion of Beans
- Or 1 egg

Method:

1. Regen the sausage in the racional on the 'sausage setting' (aprox 8 mins)
2. Cook a portion of chips until they have turned golden brown and crispy (aprox 3 min 10 sec) Once cooked, shake the chips to remove excess oil and tip into the hot hold. Finally, salt them with the salt shaker to season.'
3. If egg option - Place an egg in the racional on the 'fried eggs' setting (they will take 3 minutes to cook)
4. If bean option- take a portion of beans and microwave for aprox 2 ½ minutes
5. Plate up as shown in the pictures above