

## Spec Sheet

### **Gammon, Egg & Chips**

#### Gammon Egg and chips



#### **Ingredients:**

- A generous portion of chips
- 2 eggs
- 2 pineapple ring
- 1 gammon steak
- A portion of garden peas

#### **Method:**

1. Place the gammon in Rational on 'Gammon' setting
2. Cook a portion of chips until they have turned golden brown and crispy. (aprox 3 min 10 sec) Once cooked, shake the chips to remove excess oil and tip into the hot hold. Finally, salt them with the salt shaker to season
3. Place 2 eggs in the racional on the 'fried eggs' setting (they will take 3 minutes to cook)
4. When the gammon has **1 minute** left place the pineapple rings in with it to cook
5. Put a portion pot of peas in the microwave for 30 seconds.
6. Serve on a warm round plate and presented as shown in the picture above.