

Spec Sheet

Dish: Chicken Tacos

Menu Description:



Ingredients:

- 2 small wraps
- 2 mini chicken fillets
- 3 tablespoons mango puree
- Lettuce
- 1 tablespoon soured cream
- 1 tablespoon guacamole
- Diced red onion
- Halved cherry tomatoes
- Coriander
- Pinch of paprika, cayenne pepper, salt, pepper
- Half lime zest and juice
- hot sauce, Chillies and spring onion for garnish

Method:

1. Cut the mini fillets in half and add to a bowl with: coriander, lime zest and juice, and seasoning along with the mango puree
2. When the chicken is marinated, place in the rational oven under the kebab chicken setting.
3. Dice the red onion and add in a bowl with half cherry tomatoes, some coriander, oil, salt and pepper to make a thick salsa.
4. Place the small wraps in the microwave for 10 seconds then fold in half and place shredded lettuce, soured cream, guacamole, chicken then the thick salsa and garnish.